

HAWAII SEAFOOD SYMPOSIUM

“Making Sense of Seafood Health Benefits and Risks”

October 20-22, 2010

Ala Moana Hotel, Honolulu, Hawaii

ANNOUNCEMENT

WHAT? 2010 Hawaii Seafood Symposium: *“Making Sense of Seafood Health Benefits and Risks”*

WHERE? Ala Moana Hotel, 410 Atkinson Drive, Honolulu, HI 96814, Tel: 808-955-4811

WHEN? October 20-22, 2010

WHY? There is a long held belief that seafood is good for your brain, your heart and a long life. The science of seafood & health is providing a better understanding of why. However, there are concerns about potential health risks associated with certain types of seafood. This has led to the need for research, education and guidance that *“makes sense”* of both the seafood health benefits and the risks.

This symposium will provide an update on the growing evidence of the profound health benefits of seafood consumption while emphasizing the need for balanced assessment of health benefits and risks. This is needed to encourage the public to eat more seafood for good health by providing guidance that is based on the best available science that weighs both risks and benefits.

PROGRAM?

Session 1.	<i>Seafood & Health</i>
Session 2.	<i>Seafood Health Benefit and Risk Assessment</i>
Session 3.	<i>Mercury Health Effects and Selenium Functions</i>
Session 4.	<i>Selenium-Mercury Interactions</i>
Session 5.	<i>Selenium and Mercury in Fish</i>

WHO? Key speakers include...
Michael Crawford, Ph.D., FSB, FRCPath (Inst. of Brain Chemistry and Human Nutrition, London, UK)
Capt. Joe Hibbeln, M.D. (National Institutes of Health, Bethesda, Maryland, USA)
Jean Golding, Ph.D. (ALSPAC Study, University of Bristol, Bristol, UK)
Gary Myers, M.D. (Seychelles Child Development Study, U of Rochester, Rochester, NY)
Michael Morrissey, Ph.D. (Food Innovation Center, Oregon State University, Portland OR)
Nick Ralston, Ph.D. (Energy and Environmental Research, University of North Dakota, USA)

ORGANIZERS? The Hawaii Seafood Council
NOAA National Seafood Inspection Laboratory
NOAA Pacific Islands Regional Office

HOW? Space is limited, so early registration is recommended.
General Registration: Full 3-day Conference \$150.00; 10/20 **OR** 10/21 \$75.00 per day; 10/22 \$40.00
Student Registration: Full 3-day Conference \$50.00; 10/20, 10/21, **OR** 10/22 \$25.00 per day
Federal, State, Local Government Official: Fee waived

MORE INFO? Visit www.hawaii-seafood.org/symposium or contact Hawaii Seafood Council.
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