

2010 Hawaii Seafood Symposium
"Making Sense of Seafood Health Benefits and Risks"

Pre-arrival Information

Aloha! We are pleased you will be joining us at the Ala Moana Hotel (AMH) to participate in the 2010 Hawaii Seafood Symposium, "Making Sense of Seafood Health Benefits and Risks" from October 20-22, 2010. This provides information on the Symposium. Additional information may be found on the HSC website: www.hawaii-seafood.org/symposium.

CONFERENCE VENUE

Ala Moana Hotel
410 Atkinson Drive
Honolulu, HI 96814
Tel: 808-955-4811
www.alamoanahotel.com

Self-parking for Symposium participants will be available at \$2.00 per car with validation on the Coral level (without in and out privileges).

SYMPOSIUM CHECK-IN AND INFORMATION

During the Symposium the check-in table will be located outside the Hibiscus Ballroom I from 7:00am – 8:00am.

Upon check-in, you will receive a Symposium packet and name badge. Please be sure to wear your name badge at all times throughout the Symposium period.

VISAS AND PASSPORTS

Participants traveling from abroad are responsible for obtaining their visas prior to departure for the U.S. Please apply for your visa as soon as possible by taking or sending your valid passport to the nearest American consulate with all required documents. Please check with the consulate whether any other documents and fees are required. Information on visa to the U.S. can be found at: http://travel.state.gov/visa/visa_1750.html

***Note: Letter of invitation is available only upon request to the HSC Office (symposium@hawaii-seafood.org).**

For participants who qualify for the visa waiver program, please be sure to have a valid biometric passport and you must register on-line through the Electronic System for Travel Authorization (ESTA). ESTA applications may be submitted at anytime prior to travel, though it is recommended travelers apply when they begin preparing travel plans. For more information on ESTA, please visit: http://cbp.gov/xp/cgov/travel/id_visa/esta/

TRANSPORTATION SECURITY ADMINISTRATION (TSA) REQUIREMENTS

For the latest information for TSA requirements, please visit their website at:
<http://www.tsa.gov/index.shtm>.

AIRPORT TRANSFER OPTIONS

1. Airport Waikiki Express

The Airport Waikiki Express provides transportation from the airport to any hotel in Waikiki. The service is operated by Roberts Hawaii.

Daily

5 a.m.-3 a.m. Every 20-25 minutes

3 a.m.-5 a.m. Every hour

Passenger Fees

Adults (one way) \$ 9.00

Adults (round-trip) \$15.00

Children (3 & younger) Free

Baggage Fees

Two bags per person plus one carry-on No Charge

Golf Bag, Car Seat, Stroller, Large Boxes, Boogie Boards + any bags over the 2 per person limit, \$4.00

Surfboards, Skis, Snow Boards \$17.00

Bicycles \$25.00

Shuttle Stops

Shuttle stops are located on the median strip outside the International Arrivals exit and baggage claim areas D, F and in between G and H on the ground level. Waikiki Express dispatchers in yellow shirts are available on the sidewalk to show passengers where the shuttle stops. Airport Shuttle-Waikiki Express signs are located above the booths located on the median.

Wheelchairs

For wheel chair accessible vehicle pickup, please email Tina Scott at
HATS@robertshawaii.com

For more information contact Waikiki Express call (808) 831-1555

2. Speedi Shuttle – Book online at <http://www.speedishuttle.com/>

Individual “one-way” rates starting at approximately USD14-USD15 from airport to Ala Moana Hotel. This is a shared shuttle, there may be other stops before you reach your destination.

3. Taxi Service: (Note: AMPCO has the taxi concession at the Honolulu International Airport. Please go to the medial strip and look for the sign that reads “Taxi” to find a dispatcher to assist you.)

One way taxi fare from the airport to AMH is approximately USD30

Other Taxi Companies:

4. Charley’s Taxi – Telephone: 1-808-531-1333

5. TheCAB – Telephone: 1-808-422-2222

ACCOMMODATIONS

Ala Moana Hotel

410 Atkinson Drive

Honolulu, Hawaii 96814

Direct Tel: 808.955.4811; From US Mainland: 1.800.367.6025

www.alamoanahotel.com

We have negotiated a limited number of rooms at a special rate for participants if you would like to stay at the hotel during the Symposium. For reservations call Ala Moana Hotel by **Monday, September 13, 2010** and ask for group name “DSEAFOOD” to get the \$129/night++ rate on the Waikiki Tower, Mountain/City view room. Parking will be available for hotel guests at \$15/day self-parking or \$20/day valet. Check-in: 3:00pm; Check-out: 12:00pm.

Please note that 72 hours advance notice of any cancellation or changes in your travel plans are required or a penalty charge of one night’s room rent will be assessed to you. Please notify the hotel of these changes.

BUSINESS CENTER

AMH business center offers cabled high-speed Internet access available via desk top computers is available for a fee located in the Kona Tower lobby level. Open 24 hours.

DINING

AMH does not have room service available. They do have a few dining options which are listed below. You can also walk over to Ala Moana Center (www.alamoanacenter.com) which has a number of different shops and restaurants to choose from. If you take the escalators

from the lobby to the 2nd floor and walk straight out the glass doors, there is a ramp down to Ala Moana Center.

Plantation Cafe

Family dining in a casual setting. Open daily only for breakfast.

Located at Ala Moana Hotel, lobby level.

In-house guests dial 4070

Daily Breakfast Buffet 6:30 am - 10 am

Royal Garden

Exquisite Chinese cuisine. Serving the best dim sum in town for lunch.

Located at Ala Moana Hotel, Waikiki Tower, third floor.

Lunch: Monday - Friday 11 am - 2 pm, Saturday & Sunday 10 am - 2 pm

Dinner: Nightly 5:30 pm - 10 pm

Pakele Lounge

A casually elegant way to relax with a cool cocktail and music by award-winning Hawaii entertainers.

Located at the Ala Moana Hotel, Waikiki Tower, lobby level.

Thursdays 5 pm - 10 pm

PARKING AT ALA MOANA HOTEL

Parking with validation at AMH costs USD2 per day cash only (with no in and out privileges).

For hotel guests, self-parking is USD15/day and valet is USD20/day.

GRATUITIES (TIPPING)

Gratuities or tipping for services such as for service received in a restaurant or to a taxi driver are common in the United States. The standard amount of a tip is usually 15% - 20% of the service provided. In Hawai'i, tipping is not automatic, therefore you should always receive change for a bill that you have paid unless you gave the exact amount or unless you specified that the waitress or taxi driver should keep the change.

SYMPOSIUM ATTIRE

The basic attire for the Symposium is Business Casual, which can include aloha attire. Women can wear dresses, blouses, skirts, covered shoes, sandals, trouser suits, blouse/trouser combinations. Men can wear short sleeves with light jacket, sport shirts, aloha shirts, and slacks with covered shoes. It is NOT appropriate to wear shorts, t-shirts or slippers/flip flops. Due to the warm weather, full business suit with tie is NOT recommended.

WEATHER

Average Honolulu temperatures are approximately 29 degrees Celsius or 85 degrees Fahrenheit during the day and about 27 degrees Celsius or 80 degrees Fahrenheit in the evening. Because the conference rooms are air conditioned, you may want to pack a sweater or light jacket. Also it is always useful to pack a small umbrella.

For current weather report, please visit: <http://www.hawaiiweathertoday.com/oahu.php>

HAWAII SEAFOOD COUNCIL CONTACTS

If you have any questions regarding your participation, please feel free to contact Hawaii Seafood Council:

Yvette Jensen, Project Administrator

Phone: 808-521-5020

Email: symposium@hawaii-seafood.org